



Youth Worker/Mental Health Counselor Intern

Join the GDS Team, have a transformative learning experience, and help empower youth, families, seniors, and our community to Reach their Potential! *"This experience has taught me so much and helped guide my career in becoming a youth worker and mental health professional; this internship gave me the crucial hands-on experience to learn about working with inner-city teens. I am grateful for the support and training I received from a Psychologist and social worker, specifically Dr. Gary and Theonyl."*
GDS Youth Worker Intern

Undergraduate and Graduate students can often receive academic credits as part of this internship and/or volunteer experience.

Growth and Development Services (GDS), Leaders for Change youth leadership development program, is located at Madison Square Boys and Girls Club, located in Harlem. GDS partners with Madison to administer the Summer Youth Employment Program (SYEP) for 60 youth ages 14-15 who reside in NYC.

GDS is a nonprofit organization founded in 1996 by Clinical Psychologist, Dr. Gary Altheim. GDS was created to provide essential mental health, leadership development, and intergenerational programs to youth and seniors challenged by social, emotional, behavioral, and educational issues who reside in under-resourced neighborhoods in Northern Manhattan and the Bronx.

Position Summary: GDS is seeking a passionate and professional youth worker to join our Team. The candidate must have a strong interest in mental health, youth, leadership development, community, and social justice. The focus of the internship is this summer at our Leaders for Change (LFC) program.

In addition, if you are interested there is current work this Spring being part of our Mental Health and Equity Coalition as well as being part of a Boxing and Wellness

initiative, Saturday Night Lights Program in the Bronx in partnership with [Travel with Chaz](#).

Leaders for Change Summer Youth Employment Program (SYEP) will be in partnership with and at [Madison Square Boys and Girls Club](#), located in Harlem. The Youth Worker/Mental Health Counseling Intern will work with a group leader and the team as part of a SYEP, Project-Based Learning project. Youth workers will be trained and supervised by a cadre of experienced yoga/wellness instructors, educators, and mental health professionals.

Qualifications: Pursuing a career in Youth Work, Mental Health Counseling, Social Work, Psychology, Teaching, or other related fields. Undergraduate and Graduate students can often receive academic credits for their university as part of this internship and/or volunteer experience.

Growth and Development Services (GDS), Leaders for Change SYEP Summer Program will be in partnership and located at [Madison Square Boys and Girls Club](#), located in Harlem at 250 Bradhurst Avenue, New York, NY 10039

Training dates start at the beginning of June, once a week.

Program Dates, Beginning of July to Mid August, 24 hours/per week, Tuesday-Thursday, 9 am-6 pm.

Can receive school academic credits.

Qualifications: Pursuing a career in being a youth worker, Mental Health Counseling, Social Work, Psychology, Teacher, or other related studies.

Responsibilities:

- Receive virtual training as a counselor/youth worker
- Co-lead group of fifteen (14-15-year-olds) inner-city teens in activities, leadership development, career/job readiness
- Help plan and co-lead therapeutic, educational, and recreational activities during group activities
- Empower the participants to solve their own problems and advocate for themselves related to their community needs
- Assist with daily attendance and note-taking
- Evaluate anecdotal, empirical, and psychological program outcome tools
- Help develop and administer program outcome tools