

Mental Health Counseling Intern

Join the GDS Team, have a transformative learning experience, and help empower youth, families and our community to Reach their Potential!

"I enjoyed my time working with GDS and I grew so much as a youth worker under the training of Dr. Gary. May GDS be blessed with many more years of helping youth and families to reach their potential!" –GDS Intern

Growth and Development Services, Inc. (GDS), is a nonprofit organization founded in 1996 by Dr. Gary Altheim. GDS was created to advocate and provide essential services to youth challenged by emotional, behavioral, educational and social issues. GDS' Community Advocacy Program ensures the utilization, continuation, and creation of community programs In Washington Heights/Inwood and Upper Manhattan. GDS is currently enhancing its successful programs at their "Home in the Heights" as well as bring it to other community-based organizations and schools. GDS will continue to train youth in self-advocacy and peer leadership.

Position Summary

GDS is seeking a Mental Health Counseling Intern/Youth Worker that will be part of a unique therapeutic team.

Supervision: Gary Altheim, Psy.D., Clinical Psychologist, Director of Therapeutic Services; Theonyl Cuevas, LCSW, Director of Programs

DUTIES AND RESPONSIBILITIES:

- Co-lead a youth advocacy group and provide individual mentorship
- Receive training and supervision as a counselor/youth worker
- Advocate for the need of recreational, arts, wellness and therapeutic programs
- Assist in event coordination for community and youth events
- Support programming staff with maintaining and organizing program supplies, maintaining and updating databases and other administrative duties
- Assist programming staff with developing curricula for workshops and group activities

Qualifications:

Pursuing Masters in Mental Health Counseling and/or Social Work.

How to apply

Please email your resume and cover letter to Dr. Gary Altheim, at drgaryaltheim@excelgds.org. Please visit our website www.excelgds.org and watch GDS' video on our home page **before** applying. Include in your cover letter why you are interested in interning at GDS. Please also include hours, days and time frame you are available Specify "Mental Health Counseling Intern" and your name in the subject line of your email.